

## **PROFESSIONAL**

Private Practice, Massage Therapy, Nectar Health, Oakland, CA 1991-Present

De Anza College, Adjunct Faculty, Cupertino, CA 2016-2019

Namaste, Wellness, Berkeley, CA January 2016-January 2019

University of California San Francisco, San Francisco, CA March-July, 2014

Nectar Health, Pre/ Post Natal Massage/Doula/Midwife Apprentice, Oakland, CA 1995-2005

### **Private Practice Onsite Chair Massage Corporate Contracts**

Affymetrix, Emeryville, CA 1997-2013

Wired Digital, Organic, Big Book, Razorfish, Phoenix Pop, Construct, SF, CA 1994-2000

### **Massage Therapist for an Office or Business**

Dr. Jan Corwin DC, Oakland, CA 1991-1993

Club One, Oakland, CA 1991-1993

Hot Tubs, San Francisco, CA 1991-1992

## **WORKSHOPS**

Sisterhood Circle series, at Manzanita Wellness Clinic and Sibley Volcanic park, exploring Samhain, Virgin of Guadalupe and Labyrinth magic, November-January 2021-2022, Berkeley, CA

New Moon class series, delve into the magic, science and medicine of the moon phases, September-January, 2020-2021, Oakland, CA

Witch-Sacred Feminine series-online class, explore the Sacred within, April-June 2022, Oakland, CA

Mental Health Workshop, for University of California, San Francisco, students of Medicine, December 20,-22, 2019, San Francisco, CA

Manifesting your Medicine Workshop, for the University of California, San Francisco , clinical mental health team of Student Health and Counseling Services, October 22, 2019, San Francisco, CA

Cupping and Gua Sha Workshop for massage therapists. Banyan Roots, July 29, 2019, Oakland, CA

Cupping and Gua Sha Workshop for manual therapists and adjunct healthcare practitioners. Elevate Performance and Physical Therapy. April 14, 2019, Redwood City, CA

An Integrative Medicine Retreat at Commonweal for chronically ill teenagers and their caregivers. In partnership with Commonweal, Communitas, Kids and Caregivers, Healing Kitchens and Power of Hope. June 20-24, 2018, Bolinas, CA

Latino Behavioral Health Institute 20th Year Conference, pre-workshop," Indigenous Healing: Bridging Eastern/Western, Mind, Body, Spirit" with Dr. Yvette Flores, September 16, 2014, Los Angeles, CA

Back to Basics, grounding in Daily Life, Tree of life Yoga, Emeryville, CA 2013

## **PRESENTATIONS / LECTURES/ TEACHING/ COMMUNITY OUTREACH**

7th Annual Vision Board class, envisioning through collage our dreams, January 29, 2022, Oakland, CA

University California, San Francisco, clinical mental health team of Student Health and Counseling Services, Presentation and lecture, on Lung Health during, Covid,-19 pandemic, from a Chinese medicine perspective. April 15, 2020

University California, San Francisco School of Medicine, Lecture and presentation, on an Integrative Medicine approach to trauma informed care, co-lead with Dr. Esmeralda Zamudio, San Francisco, CA October, 30, 2019

De Anza College, Adjunct Faculty, Cupertino, CA 2016-2019

Argosy University, Alameda, CA 2013

San Francisco Woman's Shelter, San Francisco, CA 2011

California Institute of Integral Studies, San Francisco, CA 2008

Kehilla Synagogue, Oakland, CA 2006-2007

Center for Creative Growth, Oakland, CA 2006-2007

The Crossings, Austin, TX 2006

US Rowing Olympic trials, Oakland, CA 2004

Kaiser Hospital, Oakland, CA 2001

University of California Berkeley, Berkeley, CA 1996

Haven House, Oakland, CA 1994

St. Vincent De Paul Society, San Francisco, CA 1992

## **EDUCATION**

American College of Traditional Chinese Medicine at California Institute of Integral Studies, Doctorate of Acupuncture and Chinese Medicine, San Francisco, CA 2018

Acupuncture and Integrative Medicine College, Master of Science of Oriental Medicine, Berkeley, CA 2010

Chi Nei Tsang Institute, Berkeley, CA 1994

Pacific School of Herbal Medicine, Berkeley, CA 1992

Scherer Institute, Massage Therapy Certification, Santa Fe, NM 1991

San Francisco State University, Bachelor of Arts, German Studies, San Francisco, CA 1986

Tubingen University, Study Abroad, Tubingen, Germany 1984

## **CLINICAL INTERNSHIPS**

Acupuncture Integrative Medicine College, AIMC Public Clinic, Berkeley, CA 2008-2010

Acupuncture Integrative Medicine College, Community Acupuncture, Berkeley, CA 2010

Lifelong Medical Public Clinic, Herrick Hospital, Berkeley, CA 2009

Lifang Liang, DOM, LAC San Fransico, CA 2008

## PUBLICATIONS

## **PROFESSIONAL CERTIFICATION AND ASSOCIATIONS**

Certification in Integrative Pediatric Care

National Certification Board for Therapeutic Massage and Bodywork

American Massage Therapy Association

Cardio Pulmonary Resuscitation and First Aid Certification

California Massage Therapy Council Certification

Registered Yoga Teacher (RYT) – Yoga Alliance

(References, Media and Publications upon request.)